



1289 E. Lincoln Ave., Orange, CA 92865

(714) 282-6141 www.PooleChiropractic.com

Poole's Corner



MARCH 2015 ISSUE

Product of the Month

BIO-CAL 1200

It provides a unique combination of Calcium from 5 sources plus whole bone MCHC. High levels of Magnesium and Vitamin D -3, along with targeted minerals and Vitamin C make Bio-Cal 1200 the perfect formulation for healthy bone, collagen and joint tissue.

- Supports bone density, cartilage integrity and colorectal health.
- Calcium and Magnesium in a soluble, highly absorbable form.*
- Only 3 tablets provide a full 1200 mg elemental Calcium.
- Gluten Free! / Dairy Free!



SPECIAL OFFER

\$5.00 off 1 bottle

(Expires 3/31/15)

Expect A Miracle Today!

Dr. Dennis has instilled the message "Expect a Miracle Today" in his practice when he went to a chiropractic seminar. The speaker was Dr. John Hinwood, one of the most respected chiropractors in the world, who has received many national and international awards over the past 34 years. He is the author of the book, "You Can Expect a Miracle." James Allen said in the book "As a Man Thinketh", "What the mind of man can see and believe, it can achieve".



A TRUE MIRACLE at Poole Chiropractic!!!

In November 2014, Dr. Dennis Poole treated a patient who had low back pain and could barely walk. He also mentioned that he had suffered from acid reflux for 40 years. All the different doctors he went to said he would never be healed from it. Dr. Poole was able to get rid of his acid reflux problem just after a few treatments. Chiropractic can help your body in many ways.

WEAR GREEN MORE OFTEN...

GREEN is the color of the heart and of nature. Shades of green are calm and soothing, as well as associated with nature and the outdoors. Green is also refreshing and has been found to reduce stress in those who look at it. If you're feeling really overwhelmed, add green to your outfit and you might feel more relaxed.

Special Offer

**2 Child
Treatments for
\$25!**

A Message from the Poole Doctors...

Quote: "Dr. Dennis Poole always says, don't be inside if you don't have to be. It's a beautiful day!"

As spring approaches, take time to enjoy the outdoors, fresh air and the sounds of birds chirping and trees whistling in the wind. It's a fact that people are less likely to be depressed if they spend at least 15 minutes in the sun daily. Plus you get the natural vitamin D you need to stay healthy. It may protect you against a host of diseases, including osteoporosis, heart disease, and cancers of the breast, prostate, and colon.

Thank you for your referrals!

In Jan. & Feb., we received 33 new patient referrals. We appreciate you!